

## **HOSPICE: It's About How You LIVE**

## By National Hospice and Palliative Care Organization

All Americans deserve quality care at the end of life — it's a fundamental part of living.

Hospice Care is the model of high-quality, compassionate care that helps patients and families live as fully as possible.

- Hospice cares for more than 1.65 million Americans, and their families, every year—a number that continues to grow.
- The focus in on caring, not curing. Hospice utilizes an interdisciplinary team of healthcare professionals and trained volunteers that address symptom control, pain management, and emotional and spiritual support expressly tailored to the patient's needs and wishes.
- Hospice is not "giving up," nor is it a form of euthanasia or physician assisted suicide.

## Hospice Provides the Care Americans Have Said They Want.

- A Gallup poll reveals that close to nine in ten adults (88%) would prefer to die in their homes, free of pain, surrounded by family and loved ones: Hospice works to make this happen.
- National Hospice and Palliative Care Organization research shows that 94%
  of families who had a loved one cared for by hospice rated the care as very
  good to excellent.
- U.S. Department of Health and Human Services has indicated that expanding the reach of hospice care holds enormous potential benefits for those

nearing the end of life, whether they are in nursing homes, their own homes, or in hospitals.

## Hospice Care is Not Limited to Six-months of Service.

- The Medicare Hospice Benefit requires that a terminally-ill patient have a *prognosis* of six months or less: There is not a six-month limit to hospice care services.
- Hospice eligibility requirements should not be confused with length of service.
- A patient in the final phase of life may receive hospice care for as long as necessary when a physician certifies that he or she continues to meet eligibility requirements.
- Under the Medicare Hospice Benefit, two 90-day periods of care (a total of six months) are followed by an unlimited number of 60-day periods.

Visit NHPCO's Caring Connections at www.caringinfo.org for additional information about hospice and palliative care, advance care planning, caregiving, and more.

For more information about our Hospice Services, please contact us.



24-Hour Phone Line: 757-496-1653

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